

Holy Eucharist
10:30 a.m. – Rite II
St. Mark's Episcopal Church
Glen Ellyn



Jesus Heals the Leper at Capernaum, Rembrandt, c.1657-60

February 12, 2012
The Sixth Sunday after Epiphany

Welcome to St. Mark's

This bulletin will guide you through today's worship service and is followed by a section of prayers, thanksgivings and announcements. You will find hymns and other music in the blue Hymnal in your pew rack. Page numbers with an "S" are in the front section of the hymn book.

To Our Guests & Visitors: Please help us get to know you by filling out a "Welcome to St. Mark's" card in the pew rack and dropping it in the offering plate. Regardless of your religious background, you are welcome to receive Communion. Please see the back of the bulletin for a list of clergy, staff and vestry members.

Children – All children, regardless of their age, are invited to stay in worship with their parents. Worship bags and activity papers are available for children to read and/or color. These can be found on the children's table in the narthex. For those who wish -

- Childcare for infants and toddlers is available in the nursery in room 112, located on the Lower Level, from 8 a.m. – noon.
- 9:15 a.m. - Children's Worship (ages 4 through 1st grade) in room 123.
- 10:15 - 11:15 a.m. – Sunday School for Preschool 3's through Senior High
- All other children are invited to attend the service.

About Communion - Everyone is invited to receive Holy Communion, including young children. If you are wheat-intolerant, we offer gluten-free communion hosts and a chalice. Please indicate this preference to the communion minister at the altar rail.

Pastoral Care - If you are aware of any pastoral or practical need that we can help you with please contact our pastoral care coordinator, Dianne Dinse at (630) 469-0290 or e-mail diloon@sbcglobal.net or any member of the clergy directly. You are welcome to use the cards in the pew rack for additions to the church prayer list. Pastoral care is available to assist you with any concern - hospital visits, rides, meals, prayer shawls, prayers, etc.

TODAY'S SCHEDULE

8 am	<i>Holy Eucharist, Rite I</i>
8 am – noon	Nursery, Infants to age 3 (room 112)
9:15 am	<i>Holy Eucharist, Rite II</i>
9:15 am	Adult Formation (Library)
9:15 am	Children's Worship (room 123)
9:30 am	Adult Choir Rehearsal (Choir Room)
10:15 am	Sunday School & Adult Formation (Library)
10:30 am	<i>Holy Eucharist, Rite II</i>
11:45 am - 12:45 pm	Annual Parish Meeting & Cake auction (Mahon Hall)
12 pm - 12:30 pm	Catechesis (Capilla)
1 pm - 2:30 pm	<i>Santa Misa, Rito II (Español)</i>
3:30 pm - 5 pm	YLF (Youth Living Faith) Middle School Youth Group (Room 203 and Mahon Hall)
7:30 pm – 8:45 pm	Sunday Night AA (Library)

The ✠ indicates the option of crossing oneself.

THE ENTRANCE RITE

As the music before the service begins, please use this time to prepare yourself in prayerful silence.

When the bell rings, please stand as you are able.

Officiant Blessed be God: ✠ Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Processional.....Hymnal 569..... *Russia*

Collect for Purity

The Officiant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

People **Amen.**

Gloria in excelsis *William Mathias*


1. Glo-ry to God in the high-est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa-ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you




take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer. 6. For



you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the



Ho - ly Spi - rit, in the glo - ry of



God the Fa - ther. A - men.

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Collect for the Day

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

All are seated

The Lesson 2 Kings 5:1-14

Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy." So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, "Go then, and I will send along a letter to the king of Israel." He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, "When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy." When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me." But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the

leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean!'" So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Reader The Word of the Lord.
 People **Thanks be to God.**

The Psalm 30:1-6; 13 chant: Joseph Barnby



This music is in the Public Domain

Sung by all

- 1 I will exalt you, O LORD, because you have / lifted me / up *
 and have not let my / ene-mies / tri-umph / over me.
- 2 O LORD my God, I cried / out to / you, *
 and / you re/stored me to / health.
- 3 You brought me up, O LORD, / from the / dead; *
 you restored my life as I was / going down / to the / grave.
- 4 Sing to the LORD, you / servants of / his; *
 give thanks for the re/mem-brance / of his / holiness.
- 5 For his wrath endures but the twinkling / of an / eye, *
 his / fa-vor / for a / lifetime.
- 6 Weeping may / spend the / night, *
 but / joy comes / in the / morning.

2nd half of chant

- 13 Therefore my heart sings to you / with-out / ceasing; *
 O LORD my God, I will / give you / thanks for / ever.

The Epistle 1 Corinthians 9:24-27

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Reader The Word of the Lord.

People **Thanks be to God.**

All stand

The Sequence.....Hymnal 635.....*Wer nur den lieben Gott*

The Holy Gospel.....Mark 1:40-45

Officiant The Holy ✠ Gospel of our Lord ✠ Jesus Christ according to ✠ Mark.

People **Glory to you, Lord Christ.**

A leper came to Jesus begging him, and kneeling he said to him, "If you choose, you can make me clean." Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!" Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them." But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

Officiant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon the Rev. George D. Smith

The Nicene Creed

All stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection ☩ of the dead, and the life of the world to come. Amen.

The Prayers of the People Form VI

The Leader and People pray responsively. Additional prayers are added for our congregation and in the parish cycle of prayer.

In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world; especially for Barack our president and Pat our governor.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Rowan our Archbishop, Katharine our Presiding Bishop, Jeffrey and Victor our Bishops; and George, Elizabeth, Walter, Robin, and Victor our ministers; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.
The People may add their own petitions.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life especiall the births of Miles Hudson Jackson, grand-nephew to Judy Jackson , Miguel Angel to parents Raul & Rocio Barrera and Dublin Michael to parents Christina Badea & Eric Baffeli.
The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died ✠, that they may have a place in your eternal kingdom.
The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

The Priest stands and says
Let us confess our sins against God and our neighbor.

All are welcome to kneel

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest continues,

Almighty God have mercy on you, ✠ forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

All stand

Officiant The peace of the Lord be always with you.

People **And also with you.**

The Ministers and People may greet one another in the name of the Lord. The People are seated during the announcements and Offertory.

LITURGY OF THE TABLE

Offertory.....Adult Choir, John Campen, baritone
“Prayer of the Venerable Bede” Richard Proulx
Christ is the Morning Star, who, when the night of this world is past, he gives to his saints the promise of the light of life, and opens everlasting day.

from the Galilee chapel wall, Durham Cathedral, England

All stand as the offerings of bread, wine and money or other gifts are brought to the altar.

Doxology Hymnal 380, verse 3 only Old 100th

high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

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At the conclusion of the Sanctus, the people may stand or kneel.

Then the Officiant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." ✠

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” ✠

Father, we now celebrate this memorial of our redemption. Recalling Christ’s death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Officiant and People

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us ✠, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,

on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

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The Officiant breaks the consecrated Bread.

Fraction Anthem.....Gerald Near

Al - le - lu - ia, al - le - lu - ia,
lu - ia, al - le - lu - ia. Christ our Pass - o - ver is
sac - ri - ficed for us; There - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

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The Officiant says
The Gifts of God for the People of God.

All are welcome to receive Holy Communion. The ushers direct the congregation to the altar rail. Those not wishing to receive communion are invited to the altar for a blessing: simply cross your arms over your chest to indicate this preference.

Hymns at Communion.....Hymnal 546.....Siroë
Hymnal 552..... Pentecost
Hymnal 325..... *Let Us Break Bread*

After Communion, the People kneel as the Officiant says

Let us pray.

Officiant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Officiant The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit,
be upon you and remain with you for ever.

People **Amen.**

Processional.....Hymnal 616..... *Es flog ein kleins Waldvögelein*

Officiant Let us bless the Lord. Alleluia, alleluia.

People **Thanks be to God. Alleluia, alleluia.**

*After the service you are invited to Mahon Hall
for our annual meeting and cake auction.*

-Announcements-

FEBRUARY 12, 2012

Adult formation 9:15 or 10:15 (Mahon Hall)-

This February we are discussing loving God with all our strength. How does faith impact American politics? This week, join us as Dr. Jeffrey Hill leads us in considering “Politics, Elections, and Faith in the USA.”



MMM . . . CAKE.” Everyone is invited to participate in the **Fourth Annual Men’s Cake Auction and Bake Sale** following the 10:30 service today in Mahon Hall during the Annual Meeting. Dozens of incredible delights will be sold to the highest bidder, with all proceeds to support the 2012 St. Mark’s Mexico Mission Trip. Bake Sale items will also be available for sale.

ST. MARK’S ANNUAL MEETING AND VESTRY AND DIOCESAN DELEGATE NOMINEES

The Nominating Committee is pleased to announce the following slate of candidates for the 2012 election to St. Mark’s Vestry. Candidate bios can be found in the February Postmark and also the St. Mark’s 2011 Annual Report, which will be available at the 2012 Annual Meeting on February 12th, immediately following the 10:30 AM service

Three-year Terms

Tim Dorgan
Lea Forsman
Judy Jackson
Cheryl Olsen

Youth Representative

Cynthia Mote

Senior Warden

Scott Bednas

Candidates for Diocesan Delegate and Alternate

Sawyer Hill
Eric McAlpine

Junior Warden

Paula Zweibel

Two-year Term

Steve Webster

St. Mark’s Annual meeting - today. Parish Life will be providing a light lunch of sandwiches and chips for those attending the meeting. Childcare will be available for children Nursery to sixth grade.

- **Look for a table** at the meeting where you can **sign a valentine card for Perry Knutson** who continues with his recovery.
- **Children's Activities for the Annual Meeting:** Supervised childcare will be offered for children nursery age through 6th grade. Please sign-in at drop off in room 203 just outside Mahon Hall at 11:30. The day's activities start with pizza lunch. Should your child have a food allergy, please make sure to provide an appropriate lunch for them. Crafts and games are planned to entertain the children through 1:00 pm at which time children will be escorted to Mahon Hall to find their parents.

CHILDREN AND YOUTH NEWS

YLF (Youth Living Faith), St. Mark's middle school youth group, will meet in February on the following dates: **February 12th and February 26nd from 3:30-5pm.** The group is open to all St. Mark's middle school youth, 6th thru 8th grade, and any friends you want to bring along. Our time is a combination of service, group games and connecting the words of our faith with how we live that faith the rest of the week. Reminders about YLF will also be posted on the St. Mark's Middle School Youth Facebook group. For questions, contact Rev. Elizabeth Molitors at 630-858-1020 x226 or emolitors@yahoo.com.

MEN'S & WOMEN'S MINISTRIES

Ladies, mark your calendars for the **first ever Women 2 Women New-to-You Swap!** This is an event where you can bring your gently used purses, wallets, scarves and jewelry for others to admire and take home, while you pick up some 'new to you' trinkets. As an added bonus, we will also have information and products for sale from the Chikumbuso widows and orphans project in Zambia. All leftover items will be donated to charity. Please join us!! We will meet in Mahon Hall on **Wednesday, February 15, 2012**, beginning at 7 p.m. For more information please contact **Jen Chavez** at jennylouchavez@hotmail.com or 630-932-5525.



Women-to-Women (W2W) (fellowship for women of all ages). The **Annual Women's Retreat (March 16-18)** will be held at the Abbey Resort and Spa in Fontana, Wisconsin. Our theme this year is **"The 3 R's: Reflect, Refresh, Rejoice"** which will feature sisterhood, spiritual growth and rejuvenation for all the ladies. Questions or to help with the retreat, please contact Contact Fiona Miller at fionam@comcast.net.

All are welcome to the **Tuesday Bible Study** at 9 a.m. in the library. We meet for an hour and are studying Paul's 2nd letter to the Corinthians. Questions? Contact George Smith at rector@stmarksglenellyn.org.

The next **Book Group** selection is *The Lemon Tree*, a novel which presents more than one perspective on tensions in the Middle East. Its author, Sandy Tolan, spoke at the Episcopal diocese annual convention in Los Angeles on Dec. 3, 2011. Book Group discussion is scheduled for **February 26, 2011, 3:00 p.m.** at Judy Jackson's home in Lombard. Please join us.



Bridge Group for the Spanish-language Service - We are inviting you to attend our planning and evaluation meeting on Sunday, **February 19 at 2:30pm, in room 203**. We want to share with you what we are doing and we want to know hear from you as well. You are most welcome to attend our 1pm service as well and experience how the members of our fourth service pray and worship. For more information please contact the Rev. Victor Conrado at 630-858-1020 x233 or associatespanish@stmarksglenellyn.org



Circulo de Lectores (Book Club in Spanish) - Tendremos nuestra primera reunión el sábado 18 de febrero 2012/ 1pm en la biblioteca de la Parroquia de San Marcos. El primer libro que estudiaremos es *El Coronel no tiene quien le escriba* (Gabriel García Márquez -Colombia). El Círculo de Lectores es para personas interesadas en discutir libros contemporáneos populares en español. Eso significa que nos enfocamos en novelas recién publicadas en español (nada de traducciones) de toda América Latina y España. El objetivo es divertirse, leer una variedad de libros populares y poner en práctica el español. Para más información o ayuda, favor de contactar a Lucia Conrado 312-493-5246 o conrado.lucia@gmail.com

"Opera diva in the making? Musical theater junkie? Aspiring singer of one stripe or another? John Campen, St. Mark's resident baritone soloist, is now taking students. Talk to him after church or send him an email if you're interested in honing your vocal skills. johncampen@gmail.com"



MISSION AND OUTREACH

Thank you to everyone who made Blues Night such an overwhelming success! We are looking forward to donating an estimated \$4,000 to the Glen Ellyn Walk-In Ministry. If you were unable to attend and would still like to make a donation to the Walk-In Ministry, you can mail a donation to the Glen Ellyn Walk-In Ministry, First United Methodist Church of Glen Ellyn, 493 Forest Ave., Glen Ellyn, IL 60137. The Walk-In Ministry is supported by Glen Ellyn churches who put their faith into action to help our community's neediest by providing funds for immediate and basic needs.

What is CoDA? You've seen it on the St. Mark's weekly calendar. CoDA is a 12-step group for those desiring healthy and loving relationships with others, one's self and one's Higher Power / God. CoDA meets at St. Mark's on Saturdays at 9:30 a.m. to 11 a.m. in room 202. Anyone interested in CoDA is welcome to attend. For more information about CoDA, visit their website: www.coda.org.



St. Barnabas Episcopal Church – 22W414 Butterfield Rd.
Faith Evangelical Lutheran Church – 41 N Park Blvd.
Grace Evangelical Lutheran Church – 493 Forest Ave.
St. Luke Evangelical Lutheran Church – 23W080 Butterfield Rd.
St. Mark's Episcopal Church – 393 N. Main St.

A project involving the Lutheran and Episcopal churches in Glen Ellyn to promote cooperation in mission, service and ministry. "That they may all be one." John 17:21

PRAYERS AND THANKSGIVINGS

Our prayer list can be found in its entirety online at stmarksglenellyn.org

NEXT SUNDAY – FEBRUARY 19TH

Readings: 2 Kings 2:1-12; Psalm 50:1-6; 2 Corinthians 4:3-6; Mark 9:2-9.

Adult formation:

Dr. Peter Vagt will help us think about: “Elegant Numbers: Math as the window into the mind of God”

THE WEEK AHEAD

Monday, February 13

7:00 pm – 8:45 pm

Boy Scout Troop 44 Weekly
Troop Meeting (Lower Level,
Mahon Hall)

8:00 pm – 10:00 pm

Serenity Seekers / Al-Anon
(Lehman Parlor)

Tuesday, February 14

9:00 am – 10:00 am

Bible Study with the Rector
(Library)

7 pm - 9:15 pm

NAMI Mental Health Education
Course

8:00 pm – 9:00 pm

Glen Ellyn South AA (Lower
Level)

Wednesday, February 15

12 pm

Noon Eucharist (Chapel)

4 pm - 5 pm

Chorister/Treble (4/5)

7 pm - 9 pm

NOVA Afterhours (library)

7 pm - 10 pm

Women 2 Women: Accessory Swap
Party (Mahon Hall)

Thursday, February 16

9:30 am - 10:45 am

Move Through Winter-Pilates class
with Ellie Dunham (Mahon Hall)

6 pm - 7 pm

Grupo de Oración / Prayer Group
(Capilla/Chapel)

8 pm - 9 pm

Adult Choir

8 pm - 9:30 pm

AA Meeting (Mahon Hall)

Friday, February 17

7:00 am - 7:30 am

Morning Prayer (Chapel)

Saturday, February 18

9:30 am – 11:00 am

CoDA (Room 202)

9:30 am - 10 am

Rosario (Capilla/Chapel)

10 am - 11 am

Santa Eucaristía - Rito II
(Capilla/Chapel)



We'd like to hear from you:

What is a spiritual practice? Any activity that clears your mind so you think about God and feel God's continual presence more intently. God does not change, but how we pay attention does.

What are the activities or places you are most aware of? This can become a spiritual practice when you intentionally increase these opportunities. And we can learn from each other! Please fill out this simple form and drop in the offering plate or send your very brief reflections to Pastor Robin at revdoc04@sbcglobal.net by **February 15** for inclusion in **St. Mark's Lenten booklet**.

One example: Pastor Robin, Walking in a country where I do not speak the language, being unable to read signs or talk to others opens my eyes to the truth around me. I feel an overwhelming gratitude and recognize God as my source and peace.

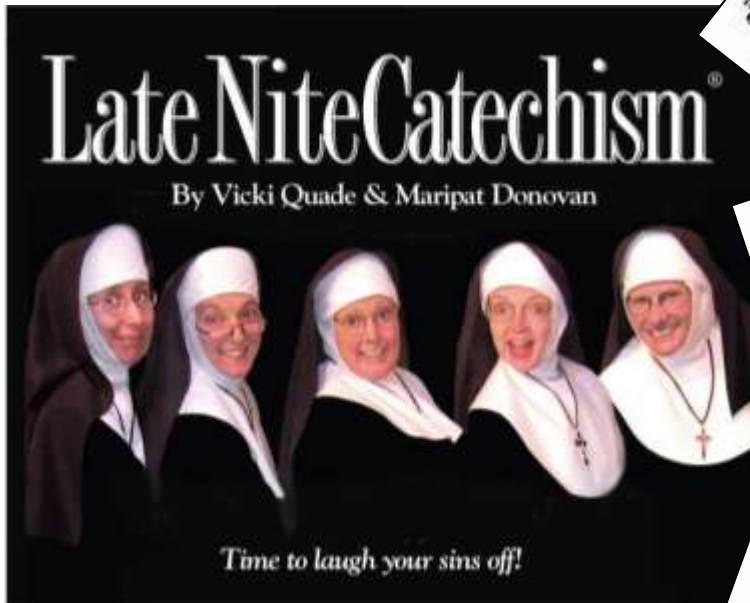
Name: _____

Name one place or activity where you feel God's presence: _____

In 2 or 3 sentences describe something of this experience:



COMING TO ST. MARK' S FEBRUARY 25, 2012



"Gloriously funny!"
— Chicago Reader

*"An uproarious piece
of interactive theater...
inspired, well-written,
hilarious!"*
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"A habit-forming boot!"
— Catholic Explorer



TICKETS ON SALE NOW!

\$30/\$25/\$15 and premium packages available!

Contact Danna Gross at
DannaGross@comcast.net/630.750.8373

Doors open: 7:00PM
Performance Begins: 8:00

Move Through Winter

At St. Mark's (Mahon Hall)

Thursdays 9:30 – 10:45 am

(Childcare available in the Nursery)

Fight cabin fever by keeping your body, mind and spirit moving this winter. Whether you want to try your hand at a new physical discipline or refine your skills at a familiar routine, these offerings have something for everyone:

February 16 and 23 – Pilates with Ellie Dunham

Join Pilates instructor Ellie Dunham as she leads this body conditioning routine that helps build flexibility and long, lean muscles, strength and endurance through the whole body. It puts emphasis on spinal and pelvic alignment, breathing to relieve stress, developing a strong core or center, and improving coordination and balance.

March 1 and 8 - Running with Scott Bednas and George Smith

Quote from Scott: I was recently asked if I could transform someone, who hated running as a child, into a runner. I won't make that promise, but I despised running as a child and somehow managed to finish a handful of marathons. There are still days when I don't enjoy the act of running, yet I always find joy in the endorphin rush, clarity of thought and stress relief that running provides. If you find that running is not for you, I suspect you will find bliss among movement, pilates, walking or biking. Weather permitting, we will go for a short run on the Prairie Path on one or both days.

March 15 – Walking with Judy Jackson

Judy will lead us through both a walking meditation and a “power walk” for exercise.

March 22 – Biking with Lonnie Morris

Fun, Fitness and Transportation! Avid biker and nature lover, Lonnie Morris will help us learn all we need to know about biking on the Prairie

St. Mark's Episcopal Church

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Senior Warden

Junior Warden

Clerk of the Vestry

Treasurer

Chancellor

Vestry

the Rt. Rev. Jeffrey D. Lee, *Bishop*

the Rev. George D. Smith, *Rector*

the Rev. Elizabeth Molitors, *Associate Rector*

the Rev. Victor H. Conrado, *Associate Rector for Spanish Ministries*

the Rev. Dr. Walter M. Dunnett, *Assistant Rector*

the Rev. Dr. Robin Currie, *Pastor Associate*

the Rev. Catharine Phillips, *Priest Associate*

the Rev. Mathew Idicula, *Priest Associate*

Mr. Charles H. Snider, Jr., *Organist/Choirmaster*

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Ms. Jill Bednas, *Director of Children's Ministries*

Ms. Norma Cid, *Nursery Supervisor*

Ms. Dellana Mote, *Office Manager*

Fiona Miller

Scott Bednas

Karen Doran

Dick Anstee

Bob Lewis

Gerald Carey, Dianne Dinse, Cindy Flynn, Nancy Gier,

Danna Gross, Judy Jackson, Reeny Linstrom,

Ben Maxson, Roby McGovern, Scott Taback, Laurie Vanderlei

Bulletin submissions (deadline: Monday 4 P.M.): frontdesk@stmarksglenellyn.org

Church newsletter submissions (**March deadline is February 19, 2012**): revdoc04@sbcglobal.net

Parish wide email announcement requests (deadline is Tuesday evening): parishwide-email@stmarksglenellyn.org

The texts and service music in this booklet may be taken from The Book of Common Prayer 1979